

DRINKS

AMERICANO.....	3.80
FROTHY COFFEE.....	3.95
CARAMEL FROTH.....	4.25
MOCHA.....	4.35
MASSALA CHAI LATTE.....	4.35
HOT CHOCOLATE.....	4.25
CREAM.....	.75
MARSHMALLOWS.....	.75
BUILDERS TEA.....	3.40
LOOSE LEAF TEA.....	3.95

Freakshakes

BROWNIE 7.85

ice cream, milk, chocolate sauce, caramel, choc chips, sprinkles & a whole chocolate brownie

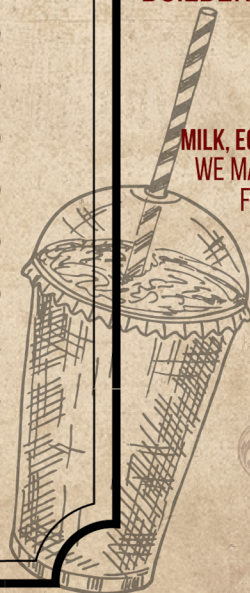
BAKEWELL 7.85

ice cream, milk, raspberry coulis, caramel, almonds, sprinkles & a whole bakewell tart

BISCOFF 7.85

ice cream, milk, biscoff sauce, caramel, lotus biscuits, sprinkles & a whole blondie

Coca cola	3.9
Diet Coke	3.9
Ginger Beer	3.9
Rose Lemonade	3.9
Sparkling Elderflower	3.9
Dandelion & Burdock	3.9
Victorian Lemonade	3.9
Apple Juice	3.4
Orange Juice	3.4
Sparkling Water	3.5
Still Water	3.5



COOL DOWN

BIDDY'S BLEND ICED TEA	3.95
HONEYDEW MELON ICED TEA	3.95
ICED COFFEE	4.25
CARAMEL COFFEE CREAM	4.75
ROSE LEMONADE FLOAT	4.25
COKE FLOAT	4.25
DANDELION & BURDOCK FLOAT	4.25
LEMON FLOAT	4.25
BERRY SHAKE	4.95
CHOCOLATE SHAKE	4.95
VANILLA SHAKE	4.95

STEEPING GUIDE

JUST	OH,	RIGHT	PATIENCE
A	GO ON	GOOD	IS A
DIP	THEN	SOAK	VIRTUE
2-3 mins	3-5 mins	5-7 mins	10 mins
GREEN	HERBAL	BLACK	WHITE
ROOIBOS	FRUIT	CHAI	
BUILDERS	OOLONG	DARJEELING	

ALLERGIES

OUR KITCHEN CONTAINS THE FOLLOWING KNOWN ALLERGENS...
MILK, EGGS, FISH, TREE NUTS, PEANUTS, WHEAT, SESAME, SOYBEANS, MUSTARD
WE MAKE EVERY POSSIBLE ATTEMPT TO ENSURE THESE AREAS ARE KEPT
FREE FROM CONTAMINANTS WE USE THE SAME OVENS AND KITCHEN.
THEREFORE WE LABEL OUR ITEMS NO ADDED (ALLERGEN)
AS WE CANNOT GUARANTEE AGAINST TRACE AMOUNTS.

MILKS

COW
OAT
SOYA
ALMOND

CHINA GREEN
minimum oxidisation, light and bright

CEYLON
bright medium tea with citrus character
grown at high altitude in Sri Lanka

BUILDERS
no messing, Strong and familiar!



BIDDY'S BLEND
earl grey, rose petals, vanilla & orange

BREAKFAST TEA
ceylon and assam, full bodied and rich

AFTERNOON TEA
darjeeling and assam, lighter than
breakfast

BLACK VANILLA
China black with vanilla pods

MOROCCAN MINT
green tea and spearmint leaves

DARJEELING
thin bodied, light with a floral aroma
originating from the Himalayan foothills

WHITE TEA
fom China, in the early stages of oxidisation
large rolled leaves are light and delicate

ROSE GARDEN
black tea infused with rose oil and petals

EARL GREY
the distinctive flavour from bergamot rind

LADY GREY
more citrus with added lemon peel

VANILLA GREEN
china green tea blended with vanilla pods

BLACK CHERRY
black tea blended with dried cherry fruit



PEPPERMINT
said to sooth a sore tum and aid digestion

ELDERFLOWER
boosts immunity & respiratory system

HONEYDEW MELON
with hibiscus, papaya and mango

PEACH & ELDERFLOWER
british classic that tastes of summer

HIBISCUS
has a tart, cranberry like flavour

ASSAM
Indian tippy leaf, strong and malty

LAPSANG SOUCHONG
the marmite of tea! smoked over pine wood

FORMOSA OOLONG
a semi-fermented speciality tea which has
been produced in the mountains of Taiwan

ROSE PETAL GREEN
green tea infused with rose oil and petals

PLUM & CINNAMON
japanese sencha with fruity plum & cinnamon

PARMA VIOLET
china black tea with violet flowers & oil

ALMOND TEA
china black tea with almonds & almond oil

MASALA CHAI
Assam base with cardamom, ginger, cinnamon,
black pepper, chicory root, cloves and aniseed

GINGER
fresh root to aid sore throat, add honey & lemon

WILD BERRIES
divine, smells good enough to bathe in!

NETTLE
sweet tasting, detoxifying & naturally antiseptic

APPLE & CINNAMON
dried apple and warm cinnamon bark

RASPBERRY LEAF
particularly helpful certain times of the month

ROOIBOS
Meaning 'red bush' in South Africa.
Not a 'tea' but can be taken the same.

JASMINE
delicate scented flowers, a light floral taste

CHAMOMILE
sleep aid and anti-inflammatory

LIQUORICE ROOT
warming, dried ready to be steeped

NORFOLK LAVENDER
dried petals said to calm anxiousness

White

VERY YOUNG LEAVES & BUDS
STEAMED THEN DRIED

Oolong

FERMENTED THEN DRIED,
OFTEN CURLED BY HAND

Tisane

MADE BY STEEPING LEAVES,
FRUIT OR HERBS. AS THEY DO
NOT COME FROM THE TEA
PLANT THEY CONTAIN NO
CAFFEINE OR TANNINS



TIME FOR TEA



Black

FERMENTED THEN DRIED
CAN NORMALLY HANDLE
MILK
HIGHEST CAFFEINE &
TANNIN COUNT

Green

DRIED STRAIGHT AWAY,
PRIOR TO
FERMENTATION.
DELICATE, LOWER
CAFFEINE & TANNIN
COUNT

TEA IS AN AROMATIC BEVERAGE PREPARED BY POURING NEAR-BOILING WATER OVER THE CURED LEAVES OF THE CAMELLIA SINENSIS PLANT

BLEND YOUR OWN?

...try us

TOTALLY TROPICAL
pineapple, coconut, papaya,
mango

RUSSIAN CARAVAN
ceylon, lapsang suchong

BAKEWELL BREW
any fruit tea with almond

NORFOLK EARL GREY
earl grey & locally grown
lavender

TURKISH DELIGHT
rose garden, almond, lemon

LEMON & GINGER
lemongrass, ginger root, lemon,
peppermint, peppercorns,
liquorice root

AND RELAX
chamomile, lavender, jasmine

CHOCOLATE ROOIBOS
choc chip, ground cocoa beans,
cocoa butter, coconut flakes

WAKE ME UP
Peppermint, liquorice root

PITTA
cinnamon, cardamom, liquorice
root, coriander, fennel, ginger, rose

VANILLA CHAI ROOIBOS
rooibos, star annise, chamomile

HERBAL HEALER
nettle, fennel, raspberry leaf,
elderflower